

Nursing at Buxton

- ❖ Buxton's school nurse Robin will be in the office Monday-Friday mornings (while classes are in session) from approximately 7:30am-10:30am. She can be reached via phone at 413-458-3919 extension 107 or via email.
- ❖ The nurse's office maintains a supply of over-the-counter medications which are given to students, as needed, if permission has been granted. There is a list of commonly administered medications on the next page for your reference. Students are allowed to keep vitamins, allergy medications, and small quantities of other over-the-counter medications in their rooms.
- ❖ Prescription medications are held in the nurse's office and **may not** stay in a student's dorm room. (Exceptions: asthma inhalers, epi-pens, birth control.) Medications must be dropped off in the nurse's office upon student arrival on campus, in a pharmacy-labeled container.
 - The nurse pours medications based upon the physician-signed Prescription Medication Form, so it is important that this form is up-to-date. If a student prescription is changed, a new prescription form must be completed and sent to Buxton. (Fax is often easiest. Buxton's fax number is: 413-458-9428.)
 - On weekday mornings, students should come to the nurse's office for prescription medications before class. When the nurse isn't on campus (evenings, weekends), students should ask faculty members for medications, and they will give out the pre-poured meds. Both the nurse and all faculty members will ask students to take their medication at the moment they are distributed, but they cannot be strictly monitored for taking their medication. Every student must be responsible for actually taking their medication as directed, without excessive oversight.
 - The best place to refill medications is CVS Pharmacy in North Adams, MA. We recommend signing up for an account online before the start of the school year & providing necessary information (including insurance and payment information, and Buxton's address for delivery). You should have your student's health care provider send scripts to this pharmacy, and arrange for free delivery to Buxton to begin in September. Alternatively, if you choose to fill medications at home & mail to Buxton, please address the packages to Nurse Robin Avis.
- ❖ It is your responsibility to ensure your student's health insurance covers care in Massachusetts. Doctor's appointments are scheduled and hospital visits are made at the nurse's discretion at Northern Berkshire Pediatrics and Berkshire Medical Center.

parent/guardian signature

date

(more information on next page)

Protocol for Standing Medication Orders

The nurse or trained faculty may dispense the following medications for symptomatic treatment of students. The student will be screened for any allergies to medication before dispensing.

For each medication dispensed, the administrator will document in record what was given and that it was given per protocol:

1. For upper respiratory symptoms: nasal congestion, drainage, coughing, sneezing
 - Dayquil
 - Nyquil
 - Pseudoephedrine
 - Cough syrup
 - Cough drops

2. For pain or fever
 - Acetaminophen
 - Ibuprofen
 - Midol

3. For heartburn or mild gastrointestinal distress
 - Antacid tablets

4. For hives or swelling due to local allergic reactions
 - Diphenhydramine (Benadryl)

5. For acute anaphylactic symptoms: severe hives, wheezing, oral cavity swelling, shock, stridor, difficulty breathing or swallowing
 - Epi-Pen, **call 911 and notify physician**

6. For diarrhea
 - Loperamide (Imodium)

7. For upper respiratory allergies (allergic rhinitis) or allergic conjunctivitis
 - Loratadine (Claritin)
 - Non-prescription eye drops

If the student's presenting symptoms warrant a doctor's visit (at the nurse's discretion), an appointment will be made at Northern Berkshire Pediatrics. In the case of an emergency, students are brought to the nearest emergency room (typically Berkshire Medical Center - satellite campus in North Adams).

Buxton School operates under supervising physician Kathryn Wiseman, M.D. of Northern Berkshire Pediatrics.